Peer-to-Peer Support in Multiple Modes

ACERT Lunchtime Seminar - Student Support in Multiple Modes
October 26th, 2021
Overview

- About HCAP
- Adapting HCAP programs during the pandemic
- Transfer Pipeline Programs
- Classrooms as a critical point for bridging students to resources
Hunter College AANAPISI Project (HCAP)

- Hunter is a federally-designed Asian American and Native American Pacific Islander Serving Institution. Funded by 5-year grants from U.S. Department of Education Minority Serving Institution AANAPISI Program.

- Started 2016, awarded two additional AANAPISI grants (2020-2025), including collaborative funding for BMCC-Hunter AANAPISI Bridge Initiative.

- Student success programs that build Hunter’s capacity to serve Asian American & Pacific Islander (AAPI) & other low-income students.
HCAP Program Areas

HCAP programs include:

- **For-credit Courses** - Enhanced Asian American Studies Courses
- **Workshops & Seminars** - Mental Health, Multilingual Learner Support, Financial Literacy
- **Cohort Programs** - Community Research, Transfer Pipeline
- **Faculty & Staff Development**

Across all programs:

- Foster sense of identity and purpose
- Build community & belonging
- De-stigmatize seeking help and bridge students to resources
Adapting Programming During a Pandemic

Seeking Survey Participants: Experiences of Asian and Asian American Hunter College Students During COVID-19

HCAP would like to learn more about the experiences and needs of Hunter College students who identify as Asian and/or Asian American. The anonymous survey will gather student experiences with anti-Asian racism during the COVID-19 outbreak, as well as the range of critical needs and challenges that students may face in this time.

for more information and to take the survey, go to bit.ly/hcapexpsurvey

ASK HCAP

“HOW DO I GET MOTIVATION DURING QUARANTINE? I FEEL LIKE A BUM WHEN I WAKE UP AND LOST A LOT OF AMBITION.”
This semester: transitioning to a “mixed mode”

Common themes from students:
- Range of feelings re: being in-person *(dreading -> excited)*
- Mixed mode can complicate how students manage time
- (Re)orientation needed to campus
- Trouble getting in touch w/offices
- Hunger for connection & sharing experiences
Transfer Pipeline Peer Mentors & Mentees
(First Cohort: Fall 2021)

- Semester-long cohort program
- 20 new transfer mentees, 10 trained peer mentors
- August Virtual Kick-Off, meet 2X/month w/peer mentor, attend 1 community workshop, meet 1:1 with HCAP staff

Transfer Pipeline Parent Support Group
(Pilot Group: Fall 2021)

- 5 incoming transfers who identify as parents
- Monthly Zoom meetings, invite to attend community workshops
- Co-facilitated by Hunter student who is an older parent
Peer-to-Peer Resource Sharing

Many students are hesitant to seek out help or not sure how to

Peer-to-peer encouragement to use Hunter’s resources can be a powerful model

Multiple modes: 1:1 meetings, Zoom workshops & digital guides

Mentors met reps from offices (Skirball, Financial Aid, Writing Center)
Using Zoom break-out rooms to build connections & share strategies

Reflection Question #1

Who or what is motivating you to get your degree at Hunter?

Midterms are coming/are here...

What do you anticipate could be some challenges for you?

What strategies do you use to study or prepare?

BRACE YOURSELF

Midterms are coming

Self-Care Guide

This tool is designed to help you practice self-care by setting realistic goals in different parts of your life. When setting goals, remain mindful of potential barriers to accomplishing your goals, ways to overcome these barriers, and campus/community resources that are in place to assist you. Identify skills and habits you can realistically improve within the chosen time-frame.

My time-frame for these goals: ☐ Today ☐ This week ☐ This month

Social

Goals:

Potential Barriers:

Ways to Overcome these Barriers:

Resources that Can Help:

My current focus/skills to improve:

Academic/Professional

Goals:

Potential Barriers:

Ways to Overcome these Barriers:

Resources that Can Help:

My current focus/skills to improve:

Personal

Goals:

Potential Barriers:

Ways to Overcome these Barriers:

Resources that Can Help:

My current focus/skills to improve:

I want to get in the habit of:
Leveraging access points for direct support

- Encourage students to schedule appointments via Navigate:
  - Transfer slots for Advising
  - Financial Aid
  - Dept Advisors

- Using HCAP office drop-in hours as touch-point on-campus
The classroom as a critical point to bridge students to resources

- Are there feasible ways to engage students with Hunter’s ecosystem of resources as part of their classroom experience?

- Ideas & Tools:
  - Invite a resource rep (Librarian, Learning Centers)
  - Highlight resource in class (CHEM 101’s “Resource of the Week”)
  - Build in ways to connect w/a peer in class
  - Padlet, Zoom breakout rooms, student-curated “Hunter tips” list